

Learning to Win

Tina's Top Tips to take away and use

1. I want to be.....
.....
- I need to learn.....
.....
 - I need a qualification or to take a course in
.....
 - I need experience in
.....
 - I need these people to help me get there
.....

2. In my LIFE PLAN, I plan to ...

Be.....by(date).....

Haveby (date).....

Do.....by (date).....

Because (why).....

3. 'They' say 'do what you know' – I say ' DO WHAT YOU REALLY REALLY WANT!

I have a real passion for.....

4. Starting your own business but can't give up the day job?

- Rationalise – I will reduce my out goings by.....
Paying off my debts on (date) or by paying of £ /month
Cutting up my credit cards/store cards on (date).....
- Save – I will save £...../month
- Test – My minimum living expenses are £..... & will save the rest to prove I can live without my day job
- Re invest – money I save or make once I get started I will invest
- In the business by doing

a).....

b).....

c).....

- In me by learning/training

a).....

b).....

c).....

5. In my business goals I plan to

- be.....
- have.....
- do.....
- because (why).....

6. I'll only do the things that get me closer to my goals so I will do

-today
-this week
-this month
-this year
-next year
-in years 3-5

This tips sheet can really get you started – but you MUST fill it in and look at it at least each week. Rewriting it each month can really help too, especially as you start ticking off the list.

For more tips like this go to www.tinajesson.com and sign up to the newsletter for FREE